

## ABOUT INA

INA is an International Academy for Play Therapy studies and PsychoSocial Projects based in Switzerland.

As non profit association it operates on international level in favor of individuals, families and communities with particular attention to children's needs and well-being.

INA benefits from experts in mental health, education and psychosocial fields specialized in Play Therapy, Emergency and International Cooperation.

INA trainers are recognized by APT Association for Play Therapy United States and APTI Association for Play Therapy Italy.



## SERVICES

INA International Experts are specialized in the fields of Play Therapy, Emergency and International Cooperation that allowed to develop unique and highly effective interventions and training with more than 20 years of experience.

## CONFERENCES

INA is engaged in activities to raise awareness and disseminate information on a wide range of topics including effective practices and techniques to promote children's well-being.

## TRAININGS

The experiential training provided by INA are ideal for professionals working with children and youth in different fields such as mental health, educational, health, rehabilitation and social. Short and long educational programs on scientifically based methodologies are available to help preventing or overcoming various children and family psychosocial problems. Tailored-made training are also available.

## PROJECTS & COUNSELLING

Together with local partners, INA intervenes in crisis and other vulnerable contexts with projects that follow the guidelines of International Cooperation in areas including healthcare, school and educational environments, migration and foster care. Play Therapy is a core element in all projects' phases.



**Play is the primary experience in children's life.**

Play Therapy is "the systematic use of a theoretical model to establish an interpersonal process wherein trained Play Therapists use the Therapeutic Powers of Play to help clients prevent or resolve psychosocial difficulties and achieve optimal growth and development". [Association for Play Therapy United States]



## INA FOUNDERS

**Claudio Mochi RP, RPT-S** — Psychologist International expert in Emergency Interventions. Recognized Play Therapist Supervisor and Instructor of Certified trainings by the Association for Play Therapy USA. President of APTI and Responsible for INA training programs. He obtained from the Play Therapy Training Institute, Inc. (Monroe Township, NJ) the Certificate of Advanced Knowledge in Play Therapy and in 2015 the Outstanding prize to the practice and teaching of Filial Therapy. He has conducted Play Therapy programs and presented in many countries including Australia, USA (Alaska, Colorado and Oregon), Canada, Switzerland, Italy, Venezuela, Nigeria, Fiji, Bosnia and Herzegovina, Croatia, Macedonia and Serbia. He has worked consistently on post-disaster scenarios in several countries such as Kosovo, Serbia and Montenegro, Iran, Palestine, Pakistan, Lebanon, Sri Lanka and Haiti.

**Isabella Cassina MA, TP-S** — Social Worker expert in International Cooperation. Recognized Therapeutic Play Specialist by the Association for Play Therapy Italy. Project Manager and trainer for INA and Consultant for APTI. She received an intensive training in Theraplay with the Theraplay Institute (Canada). She is trained in Child-Centered Play Therapy (Guerney-VanFleet model) and Filial Therapy Learn to Play Therapy and Sandtray Therapy. She worked with children, families and professionals in several European countries, Africa and South America and presented workshops and conferences internationally in Canada, USA, Fiji, Switzerland, Italy and Balkans. She has achieved significant humanitarian experiences in Colombia, Serbia, Haiti, India, Nigeria and Venezuela. She worked for the Swiss Red Cross, Refugees Sector as Head of the Social Services and manager of the project Migrant Children and Therapeutic Play.

## NUMBERS

### PAST AND CURRENT ACTIVITIES

(≥ 2018)

**558 PROFESSIONALS TRAINED**

**40 TRAINING PROGRAMS**



**Projects**



**Conferences**



**Countries**



**Continents**