

# INA Academy & Projects

*Because future is not a game, play is the future!*



## ABOUT US

INA - International Academy for Play Therapy studies and Psychosocial Projects is a **registered non profit association** in Switzerland (N.DDC 71055) and **Approved Provider of Play Therapy continuing education** by the Association for Play Therapy APT United States (#20-602) and APT Italy (#15-001).



## BIOGRAPHY

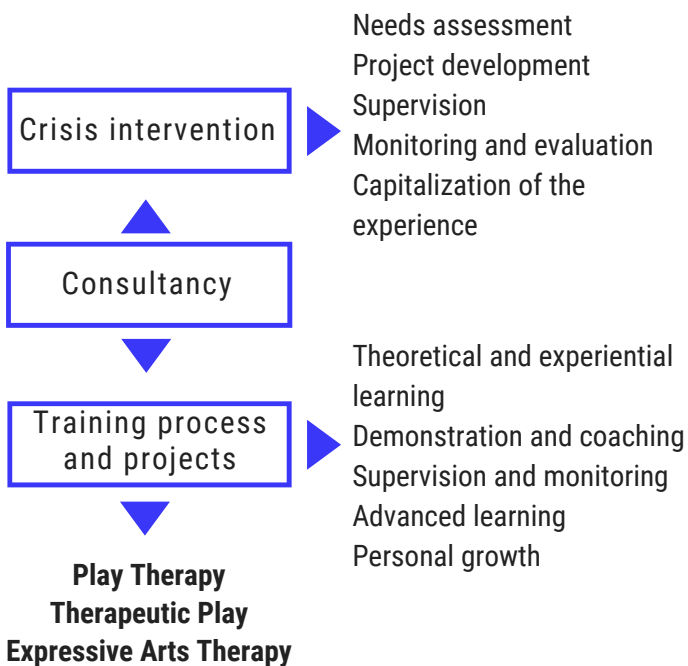
In collaboration with **local partners**, INA has developed activities such as projects, trainings and academic conferences in **6 Continents and currently 15 Countries** and over 30 Cities. Development cooperation projects lasting up to 5 years have been developed in Nigeria, India and Switzerland.



## EXPERTISE

INA's team specializes in **crisis interventions, psychosocial projects, and capacity building**. The methodologies and skills applied in the field and transferred to local professionals through the capacity building process, are derived from the fields of **Play Therapy, Therapeutic Play and Expressive Arts Therapy**.

# SERVICES



- a) Capacity building is for professionals from the fields:**
- Mental health (psychologists, psychotherapists)
  - Education (teachers, educators)
  - Rehabilitation (e.g. occupational therapists)
  - Health (e.g. nurses)
  - Social work (social workers)

- b) Working in contexts such us:**
- Post-disaster and high risk countries
  - Schools and other learning environments
  - Hospitals and rehabilitation facilities
  - Foster care centers and services
  - Hosting centers for asylum seekers/refugees

- c) The Academy gives the opportunity to obtain:**
- Play Therapy Certifications
  - Therapeutic Play Certifications

# FOUNDERS

**Claudio Mochi**, MA, RP, RPT-S (APT USA) is psychologist and psychotherapist, Director of the training program at the International Academy for Play Therapy (INA) in Switzerland, Founder of the APT Italy. He has conducted trainings and projects in disaster mental health field internationally, and presented on Play Therapy and trauma in 6 Continents and over 20 Countries. Claudio's most recent publications on crisis work are with Loving Healing Press (USA) and Routledge (UK), 2022.

**Isabella Cassina**, MA, TP-S, CAGS in Expressive Arts Therapy, PhD Candidate is a Social Worker specialised in International Cooperation (IHEID Geneva) and Migration, Registered Therapeutic Play Specialist (APT Italy). She is international speaker, Head of Project Management and trainer at the International Academy for Play Therapy (INA) in Switzerland. Isabella is Director of the APTI Play Therapy magazine.

# PARTNERS



Partners refer to present and past collaborations in projects and trainings.